



Robin Murphy  
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[www.riversidemiddleschool.com/band](http://www.riversidemiddleschool.com/band)

Dear Band Parent and Student:

The Riverside Middle School Summer Band Program invites you to our FREE concert to be held on Friday, July 9th at 10:00 a.m. to be held in the John Hurley Auditorium of Riverside Middle School. All parents, family and friends are invited!

**IMPORTANT:** Students should arrive to Summer Band at their normal time on Friday. Parents, family and friends are asked to arrive no sooner than 9:30 a.m. and no later than 9:50 a.m. While this is one of our more informal events, it is a serious event, and the students have worked extremely hard. **Please review what is considered "Proper Concert Etiquette" on the band website.**

**The uniform for this concert is as follows: comfortable shoes, sandals and/or flip flops, black pants, shorts or capri pants and the official Summer Band 2010 t-shirt** (provided by Ms. Murphy).

At the conclusion of our concert, Ms. Murphy is asking that all students turn in any instrument and/or book that they borrowed from Riverside Middle School. Students and parents are also asked to help clear the stage of any equipment such as chairs, music stands, etc. Once materials have been collected, and equipment has been stored, the Riverside Middle School Summer Band Program will be taking a trip to the Grist Mill Pool and Tennis Club in Seekonk, MA.

Students will be leaving Riverside Middle School via carpool at the conclusion of the concert and will return to Riverside Middle School by approximately 3:00 p.m. All students should be picked up from Riverside Middle School at 3:00 NOT from Seekonk.

The cost to get in to the Grist Mill Pool and Tennis Club is free for members and \$5.00 for non-members. Unlike our other field trip, students are asked NOT to pay in advance for our trip to the Grist Mill. On the day of the trip, students should bring the \$5.00 admission fee (non-members only), a bathing suit (can be worn under their clothes during the concert), a towel, sunscreen, a bagged lunch and/or money for any food they wish to purchase. **If your child will be purchasing his/her lunch, you are asked to pre-order their food at the bottom of this form so that the Grist Mill can have those items ready when the kids arrive.**

**IMPORTANT: In the case of inclement weather, the trip to the Grist Mill Pool and Tennis Club will be cancelled, and it will be expected that all students return home at the conclusion of the concert.**

Any questions or concerns regarding Friday activities should be directed to Ms. Murphy only.

Thank you,  
Robin Murphy  
Director of Bands

**Please sign and return this form no later than Wednesday, July 7th.**

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I give my son/daughter, \_\_\_\_\_ permission to attend the RMS Summer Band trip to the Grist Mill Pool and Tennis Club in Seekonk, MA on July 9th. By signing below, I am also recognizing that my child will be driven to Seekonk by Ms. Murphy or another adult chaperone. I understand that Ms. Murphy, Riverside Middle School, the adult chaperones and/or employees of the Grist Mill pool are not liable for student accidents if reasonable supervision has been established and maintained and there are no gross violations or neglect.

\_\_\_\_\_  
Parent/Guardian Signature  Yes, I can help carpool/chaperone this event.

\_\_\_\_\_  
Cell. Phone Number (chaperones only)  Number of passengers I can fit in my vehicle.

Please indicate the number of items (if any) your child would like to pre-order for lunch. They will be responsible for paying for these items upon their arrival to the Grist Mill Pool & Tennis Club.

Hot Dog (\$4)  Hamburger (\$4)  Cheeseburger (\$5)  My child will provide his/her own lunch.

**GRIST MILL POOL & TENNIS CLUB**  
320 Fall River Avenue • Seekonk, MA 02771 • 508-336-0577

**WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT**

*PLEASE READ CAREFULLY BEFORE SIGNING.*

*THIS IS A RELEASE OF LIABILITY AND WAIVER OF CERTAIN LEGAL RIGHTS.*

**WAIVER/RELEASE:**

In consideration of permission to use the property, facilities, equipment, and/or services of the Grist Mill Pool & Tennis Club (“the Club”), I do for myself, my heirs, personal representatives, and/or assigns, hereby release, waive, discharge, and agree not to sue Swimcinta, Inc. d/b/a The Grist Mill Pool & Tennis Club, its directors, officers, employees, servants and/or agents of and from liability, or negligence by the Club, resulting in personal injury, accidents or illnesses (including death) and property loss arising from, but not limited to, participation in activities, classes, observation, the use of facilities, the use of the Club’s premises and/or the use of facilities and equipment at the Club.

**ASSUMPTION OF RISKS:**

I further recognize that physical activity, by its very nature, carries with it certain inherent risks that cannot be eliminated regardless of the care taken to avoid injuries. The Club has facilities for and provides for activities such as swimming, tennis, classes and/or other sporting activities. These specific risks vary from one activity to another. For example, I understand that swimming is a HAZARDOUS activity, and that the risks inherent in the sport of swimming include (but are not limited to) paralyzing injuries and death. Other risks of activities of the types available at the Club range from minor injuries (scratches, bruises and sprains) to major injuries (eye injury, loss of sight, joint or back injuries, heart attacks, concussions, etc.).

I have read the previous paragraphs and I know, understand and appreciate these and other risks that are inherent in the activities made possible at the Club. Nevertheless, I hereby assert that my participation in any or all such activities is voluntary and that I knowingly assume all such risks.

**INDEMNIFICATION AND HOLD HARMLESS AGREEMENT:**

I also agree to INDEMNIFY AND HOLD THE CLUB HARMLESS from any and all claims, actions, suits, demands, costs, expenses, damages and liability (including attorney fees) brought as a result of my involvement at the Club and to reimburse the Club for any such expenses incurred.

**SEVERABILITY:**

The undersigned further expressly agrees that the foregoing Waiver and Assumption of Risks Agreement(s) are intended to be as broad and inclusive as is permitted by the laws of the Commonwealth of Massachusetts, and that if any portion of these Agreements are held invalid, it is further agreed that the remaining portions of the Agreements will continue in full legal force and effect.

I HAVE CAREFULLY READ THE ABOVE, FULLY UNDERSTAND ALL TERMS CONTAINED HEREIN, UNDERSTAND THAT I AM GIVING UP SUBSTANTIAL RIGHTS (INCLUDING MY RIGHT TO SUE), ACKNOWLEDGE THAT I AM SIGNING THIS AGREEMENT FREELY AND VOLUNTARILY, AND INTEND BY MY SIGNATURE TO GIVE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW FOR MYSELF AND (IF APPLICABLE) MY MINOR CHILD OR CHILDREN NAMED.

**PRINT NAMES OF ALL MEMBERS:**

**SIGNATURES: (All members must sign. Parent/guardian must sign for each member under age 18.)**

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

DATED: \_\_\_\_\_



## POOL RULES

**Pool rules are designed to provide a safe and friendly environment for our members.**

**The management and lifeguards will strictly enforce pool rules.**

1. Members and guests must sign in upon entering the pool grounds. Adult members are responsible for their children understanding the rules. Children must have an adult responsible for them at all times. No one under 16 years of age will be permitted entry without parent or guardian. Parents leaving unsupervised children will be subject to a suspension of their membership.
2. Food and beverage may be consumed only in the designated areas. No food, candy, or drinks, other than water in closed plastic containers, are allowed on the grassy area or on the pool deck.
3. Running, horseplay, pushing, offensive language or behavior will not be tolerated in the pools or pool areas.
4. All children who are not fully toilet trained will not be allowed in the main pool at any time.
5. Children who cannot yet swim must wear a personal flotation device and be within arms reach, or reasonable reach, of their parent or guardian. Children may use personal flotation devices as long as a parent or guardian is within arms reach.
6. Children must pass a basic deep end test in order to use the diving board, slide or swim in the deep end. The lifeguards will administer tests. The deep end test consists of swimming across and back in the deep end and treading water for one minute.
7. Only one person is allowed on the diving board at a time. Goggles should not be worn when using the diving board or slide. No swimming between or under the diving board or slide.
8. Only feet first when going down the slide, sitting up (no laying down or on stomach).
9. No balls, noodles, flippers, or any floatation devices of any kind are allowed in deep end. Balls and toys in the shallow end are at lifeguards discretion.
10. Wings and bubbles are allowed, no inner tubes. If a child is wearing one of these, a parent or guardian must be within arms reach of the child.
11. Shoes must be worn on the upper deck at all times and in the restroom areas at all times. Everyone using the pools must wear swimsuits. No cut-offs, jeans, or t-shirts will be allowed for safety and operational reasons.
12. Parents are responsible for children using the kiddie pool and learning pool areas and must accompany them at all times. Aqua shoes must be worn in the kiddie pool.
13. Lap lanes are provided for lap swimmers only. Do not cut through the lanes or hang on the lines.
14. Members may bring a cooler or pack a lunch provided they are stored on the upper deck. Absolutely no glass containers allowed.
15. Lockers are provided inside the locker rooms. Locks should be removed each evening before 5pm. Proper footwear must be worn inside the building and locker and bathroom areas.
16. The Club will not be responsible for any loss or damage to personal items.
17. **There are no cash refunds of membership or guest fees.**